

The Harrington Park School District

"Leading the Way"

January 2, 2022

Good Evening Harrington Park Families,

As so much information is coming at all of us in real-time, I thought it would be best to connect again and make everyone aware of our process moving forward. As the [CDC](#) has released new guidelines and COVID cases are rising, we continue to monitor the situation throughout the County and the State. The guidance from the New Jersey Department of Education and the NJDOH has been confusing and, again, inconsistent. In consultation with our medical provider, we have made the decision to adhere to the CDC guidelines that were recently released.

We wanted to share again, the newly released [CDC guidelines](#) regarding isolation and quarantine with you so that you can become familiar with them as we move forward.

*"Given what we currently know about COVID-19 and the Omicron variant, CDC is shortening the recommended time for isolation for the public. People with COVID-19 should isolate for 5 days and if they are **asymptomatic or their symptoms are resolving (without fever for 24 hours)**, follow that by **5 days of wearing a mask** when around others to minimize the risk of infecting people they encounter. The change is motivated by science demonstrating that the majority of SARS-CoV-2 transmission occurs early in the course of illness, generally in the 1-2 days prior to the onset of symptoms and the 2-3 days after."*

As you are aware, the number of positive COVID-19 cases within the state has increased over the past two weeks. As we continue to work together to keep our learning community safe and healthy, we ask that you please be considerate of others and take heed of the following precautions as we make our way back to school.

Please have your child(ren) stay home if:

- Your child(ren) is sick.
- Your child(ren) presents symptoms
- You are waiting for a test result because of COVID symptoms or
- Your child(ren) has been exposed to someone with a confirmed positive case of COVID

Please see a very helpful link ([here](#)) for what you need to know about the omicron variant, as it is the most prevalent at this time. Also, please feel free to reach out to the medical team with any questions or concerns at hpnurses@hpsd.org.

Again, we are **NOT** planning on moving to an online program and have not been directed to do so. I appreciate everyone's commitment to the District and the community, as our continued efforts will help with our mission of in-person learning during this difficult time.

Best,

Dr. Adam D. Fried