

HARRINGTON PARK SCHOOL HEALTH OFFICE

March 5, 2020

Dear Parents/Guardians:

With flu and stomach virus season upon us and the recently identified COVID-19 virus, families are seeking more information on how to prevent these illnesses. We are working with local and national agencies to better understand the nature of the situation in order to determine how best to protect our school community.

We are maintaining close surveillance of all illnesses in our school and our buildings and grounds team is regularly cleaning classrooms, desks, doorknobs, and various surfaces that may be sources of contamination.

Here's what you can do to help:

- Wash hands frequently with soap and water, for at least 20 seconds each time.
- Cover your mouth when sneezing or coughing. Please reinforce to your children how to cough and sneeze into their elbows. If using a tissue, throw the tissue out and wash your hands immediately after.
- Keep your child home if they are sick so illnesses are not spread. If your child is sent home from school with a fever, vomiting, or diarrhea, please keep them home the next school day.
- Students who have a fever (100.4 degrees F or more) should be kept home until there is no fever for 24 hours, without using any kind of fever reducing medicine (such as Tylenol or Advil) to bring it down.
- Avoid close contact with those who are sick.
- Please inform the nurses if any student is diagnosed with the flu, strep throat, or other communicable illness. Please also inform the nurses if any student is traveling abroad. The nurses will monitor these cases.

If you have any concerns or questions, feel free to reach out to us at (201) 768-5700 x 38612 or by email at hpnurses@hpsd.org.

Thank you for your cooperation!

Kim Boyle, RN and Mary Goldstein, RN

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