

Good Evening Harrington Park Families,

The NJ Department of Health has recently issued updated guidance for recommended quarantine timeframes and travel guidelines. As always students and staff should stay home if they have symptoms or have tested positive for COVID-19, or are not fully vaccinated and have had close contact with someone with COVID in the past 14 days. Below are several different quarantine exceptions that have been released by the [NJDOH](#).

QUARANTINE TIMEFRAMES

- Fully vaccinated individuals do **NOT** need to quarantine or stay home from school after contact with someone who has COVID, unless if they have symptoms. They should still get tested 5-7 days after their exposure.
- Unvaccinated individuals that have been in close contact with someone who has COVID should be tested immediately. If negative, they should quarantine at home and be tested 5-7 days after the last exposure or immediately if symptoms develop. If the result is again negative, individuals can return to school on the 8th day after their last exposure. If positive, they should isolate for 10 days.
- Those who have tested positive for COVID within the previous 90 days and have recovered and remain asymptomatic do NOT need to quarantine or stay home from school if in close contact with someone who has COVID.
- Exception for household contacts: In all risk levels, students and staff who are not fully vaccinated and who are household members of a student/staff member with COVID-19 compatible symptoms that meet COVID-19 Exclusion Criteria should be excluded from school until the symptomatic individual receives a negative test result. If the person who is sick is not tested but an alternative diagnosis is established after clinical evaluation, household contacts can return to school.
- In the event that the District is able to institute a Test & Stay program, a secondary protocol form will be provided prior to the start of the program.

TRAVEL GUIDELINES

- Unvaccinated travelers should get tested 3-5 days after both domestic and international travel AND stay home and self-quarantine for a full 7 days after travel, even after testing negative.
- Vaccinated travelers should get tested 3-5 days after international travel and self-monitor for symptoms.
- Domestic travel is defined as 24 hours or longer to states other than those connected to New Jersey, such as, Pennsylvania, New York, and Delaware.

ALTERNATIVE DIAGNOSIS

- Evaluation by a health care provider is necessary to confirm an alternative diagnosis other than COVID. Individuals with COVID-19 compatible symptoms and no known exposure to a COVID case in the last 14 days, regardless of vaccination status, may follow the NJDOH School Exclusion List to determine when to return to school, only if an alternative diagnosis like strep, the flu, etc. has been confirmed by a health care provider. The exclusion list can be found at the DOH website [here](#).